

MAY 2023

# FCS & HOMEMAKER



University of Kentucky  
College of Agriculture,  
Food and Environment  
Cooperative Extension Service

## Cooperative Extension Service

Graves County  
4200 State Route 45 N  
Mayfield KY, 42066  
270-247-2334

# NEWSLETTER

|                   |  |
|-------------------|--|
| Mondays           | 10am Crochet Club  |
| 1st & 3rd Mondays | 1pm Mahjongg   |
| May 5             | 10am Cooking Through the Calendar, Easy Tortilla Breakfast Pizza |
| May 8             | 6pm Friendship Club Meeting                                      |
| May 10            | 10am TLC Club Meeting  |
| May 11            | 10am Community Club Meeting                                      |
| May 15            | 10am Craft Class-Decorated Wooden Spoons                         |
| May 18            | 5:30pm Adult Sewing (date change) Project-Jelly Roll Quilt Top   |
| May 23            | 10am Homemaker Council Meeting                                   |
| May 29            | Memorial Day-office closed                                       |
| May 31            | 9:30-2pm Spring Into Green: Outdoor Living                       |

## A NOTE FROM DEBBIE SMITH, HOMEMAKER PRESIDENT

May is here and our year is drawing to a close. It's time for us to think about compiling our Program of Work activities.

Check our Yearbook to see how you can be eligible for the Reading award. There are different categories you need to read to fulfill the reading requirement. You have a separate book to keep up with your VSU hours this year. It gives you a way to organize your hours. Just don't forget to do a final total of all your pages. For example, if you have put your hours in monthly and have a total for each category every month, you then need to transfer those monthly totals to get a yearly total. I know we have had many opportunities to volunteer this past year since Covid protocols were lifted, so make sure you count those hours. The National Value of Volunteer hours is now \$31.80! Just imagine how much your volunteer hours are valued. Not only that, but volunteering makes you feel good! Don't forget your Passport books, too. Since we can travel more, there are probably places you have been or have seen that will fit into the Passport categories. You will need to turn those books in when your club puts together their programs of work. We have had several opportunities for cultural arts training, so make sure you count these when you are filling out your cultural arts information.

There are more opportunities for involvement in extension activities in the month of May. Check the Newsletter for a list of those activities. There will be some of us who will attend the KEHA state conference in May. This gives us an opportunity to network with club members across the state and to be given the latest information that we can bring back to our county and clubs.

On May 23, we will have our last advisory council meeting before our Annual Day. If you have any ideas or suggestions for the August 22 special day, please let your club president know or attend our meeting that day at 10 am at the extension office. We are still needing someone to take over the International Education Chairmanship. You can let Denise or me know if you are interested in that position.

Have a wonderful May and enjoy the beautiful flowers that April showers should bring. Enjoy all the trappings and beauty of the Kentucky Derby. And, remember to always “bee” kind.

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## **Wooden Spoon Craft Class**

**May 15th, 10am**

Does your kitchen need a little brightening up?

Join Kim and Debbie as they will show you how to take wooden spoons and make a statement piece for your home. You will be provided with five wooden spoons, paints, ribbon, various paper, and Modge Podge to create a beautiful spoon arrangement.

Cost: \$10 which includes all the supplies you will need

Class limited to 10 people, call to sign up 270-247-2334



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## **Jelly Roll Quilt Top Class**

**May 18th, 5:30pm (date change)**



The adult sewing group will be doing a special project that is for anyone from a beginner sewing level and up. The rolls come in 20 or 40 and either one will work. Rolls can be found at Hancock's, Hobby Lobby, Backyard Fabrics, Dollar Tree, and maybe Murray Sewing Center. Bring a roll and matching thread (if possible). If you want to cut strips, the size is 2.5 inches wide by WOF (width of fabric).



## Extension Exhibits

### Home Division

June 6th 9am-11am

Exhibit Drop Off

June 12th 10am-12pm Exhibit Drop Off

Rules are available for pick up at the Extension office or available online [graves.ca.uky.edu](http://graves.ca.uky.edu)



**June 7th**  
**1pm-2pm**

Radon in Kentucky

presented by GC Health Department  
at the GC Extension Office

**Spring Into Green:  
Outdoor Living**

May 31st

9:30am-2pm

Register by May 23rd

Cost \$15

## **Barn Quilt Painting Class- August 22nd 9am-3pm**

3 patterns to choose from

2'x2' \$ \$150

3'x3' \$210

Checks dues 7/22/23 made to  
Elizabeth Curtis

## **PURCHASE AREA ANNUAL DAY ROAD TRIP THRU THE PURCHASE**

September 19th, 2023

LaCenter First Baptist Church

10:00am



\$15 registration includes catered lunch from **Parcell's Deli & Grille**.

Please check your choice of **one sandwich** and **one side**.  
Meal also includes dessert and drink.

California Chicken Salad \_\_\_\_\_  
Turkey Club \_\_\_\_\_

Fresh broccoli salad \_\_\_\_\_  
Tortellini pasta salad \_\_\_\_\_  
Fruit salad \_\_\_\_\_

••••• Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Phone: \_\_\_\_\_  
E-mail: \_\_\_\_\_

Are you a member of an Extension  
Homemaker Club? YES NO

In which county do you reside?  
\_\_\_\_\_

Would you like more information about  
Extension programs in your county?  
\_\_\_\_\_

The Purchase Area  
Family & Consumer Agents are  
excited to present 'Spring Into Green:  
Outdoor Living Edition'.

It will be held at the  
Graves County Extension Office.  
Please call your local Extension Office  
for more information or to register  
for this informative workshop.



**Ballard County - (270) 665-9118**

**Calloway County - (270) 753-1452**

**Carlisle County - (270) 628-5458**

**Fulton County - (270) 236-2351**

**Graves County - (270) 247-2334**

**Hickman County - (270) 653-2231**

**Marshall County - (270) 527-3285**

**McCracken County - (270) 554-9520**



Registration must be received  
at your local Extension office by May 23.

May use QR code to register,  
then mail or drop off payment.

**Make \$15 check payable to PAEFCS.**



QR code



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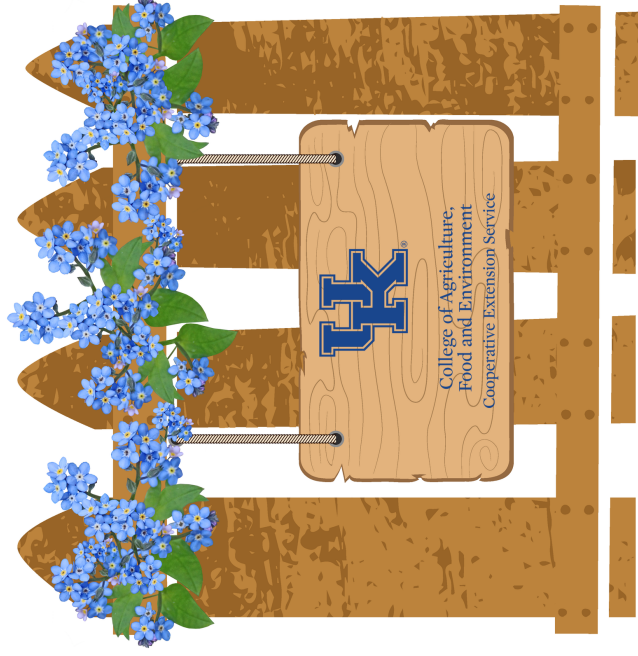


USDA  
Supplemental  
Nutrition  
Assistance  
Program  
Putting Healthy Food  
Where People  
Need It Most  
This institution is an equal  
opportunity provider. This material  
was funded by USDA's Supplemental  
Nutrition Assistance Program (SNAP).



**MAY 31, 2023**

**Graves County  
Extension Office  
4200 US-45N  
Mayfield KY 42066**





# Spring into Green: Outdoor Living

- 9:00-9:30 Registration
- 9:30-9:45 Welcome & Introductions
- 9:45-10:30 Riff Turner
- 10:30-10:45 Break
- 11:00-11:45 Martha White
- 12:00-12:30 Lunch
- 12:45-1:30 Lindsay Bowles
- 1:30-2:00 Evaluation & Door Prizes

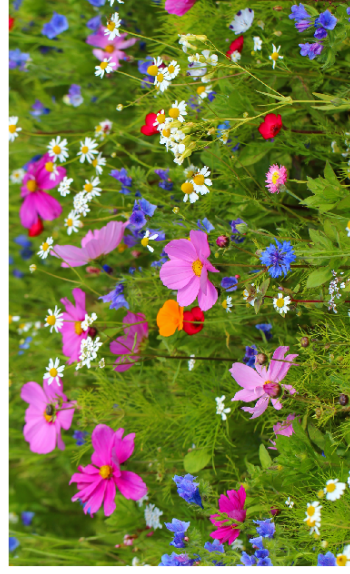
**Come enjoy special guest speakers at this year's 'Spring into Green' as they discuss topics related to outdoor living.**

**Riff Turner -**

**Cooking in the Outdoors**

**Martha White -  
Perennials and Woody  
Shrubs for Cut Flower  
Arrangements**

**Lindsay Bowles -  
Plant Propagation**



For more information about this and other Extension programs, contact any of these county Family & Consumer Sciences agents:

- sarah.drysdale@uky.edu - Ballard
- debra.hixon@uky.edu - Calloway
- brooke.hogancamp@uky.edu - Carlisle
- anna.mccoy@uky.edu - Fulton
- denise.wooley@uky.edu - Graves
- mike.keller@uky.edu - Hickman
- vicki.wynn@uky.edu - Marshall
- kelly.alsip@uky.edu - McCracken

**Cooperative Extension Service**  
Agriculture and Natural Resources  
Family and Consumer Sciences  
4-H Youth Development  
Community and Economic Development

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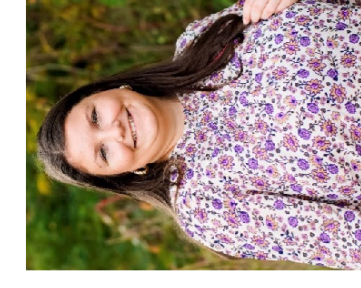


Disabilities accommodated with prior notification



**Riff Turner** is a retired businessman who demonstrated and sold outdoor cooking products. He is a long-time Extension volunteer with 4-H, FCS and Master Food programs.

**Martha White** and David Martin are the owners, growers, and floral designers for Free Range Flowers at Martin Farm in Gracey, KY. They enjoy teaching how to use perennials and shrubs in cut flower arrangements.



**Lindsay Bowles** is an avid houseplant lady and grows fresh cut flowers on her family's farm in Wickliffe. In her free time, she enjoys going to concerts, traveling, and spending time with her husband and two cats.



Please contact your local Extension Office to register by **May 23**



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