

MAY 2025

GRAVES COUNTY
FCS & HOMEMAKER

newsletter



University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service

Cooperative Extension Service
Graves County
4200 State Route 45 N
Mayfield KY, 42066
270-247-2334

Mondays	10am Crochet Club
May 1	1pm Homemaker Book Club at the library
May 8	10am Community club meeting
May 8	5:30pm Adult Sewing Group
May 14	10am TLC club meeting
May 14	1pm Friendship club meeting
May 15	10am & 5:30pm Greeting Card make & take
May 16	2pm-12am No Frills Crop
May 17	8am-8pm No Frills Crop
May 21	12pm Sustainable Living: Lunch & Learn
May 22	6pm-8pm Polymer Clay Earring making class
May 24	9am-3pm Basket Weave Workshop (class is full)
May 26	office closed for Memorial Day
May 27	10am Graves County Homemaker Advisory Council Meeting
June 3	Save the Date - Candle Making Class

May just might be one of my favorite months! The grass is green, the trees have their green leaves, strawberries are ready to pick, the Kentucky Derby with all its hype is run, my spring flowers, especially my peonies, are in full bloom, and we observe Memorial Day which is observed to honor and mourn the U.S. military personnel who died while serving in the United States Armed Forces. I especially love the colors of May. The grass is just a little bit of a different green in May and flowers seem just a little brighter. I hope you enjoy this May.

Homemakers are winding down their 2024-2025 year in May, too. It's time to start getting all of your VSU hours documented so they can be reported during the June meeting. I hope you have really made an effort to document all of the volunteer hours you have done since July 1, 2024. Try to think outside the box and make sure you remember those hours you cooked for a sick friend and took food to them, or the hours you spent addressing cards for those who were sick, hurting, or just needed a pick-me-up, and even the hours you did errands for someone. Why do we report these hours? It's to let us and everyone else know how important volunteering is and how much Extension Homemakers give to our communities. So, get your calendars out and start documenting those hours to be turned in at your June meeting!

I have already mentioned how much I love flowers and I especially love my peonies! My Grannie Cavitt had a few of them and I always thought they were beautiful. I couldn't wait to see hers each May. (I think I've already told you that her name was May Flower!) So, when we bought our home, I wanted to plant some of these beautiful flowers in my yard. I went to Shupe's Nursery in Sedalia and asked if they had any peonies. Just like my Grannie, I pronounced it "p-own-ees". I can remember Mary Shupe, who I grew up with in Farmington, looking at me and saying, "Do you mean peonies (pronounced pee-uh-nee-z)?" I laughed and said, "Sure." I now know that is the proper pronunciation, but guess what? I still call them the same as my Grannie did unless I'm at a nursery and asking to see the latest variety they have available. I laugh at myself when I pronounce it the way Grannie did, but to me, that's what they are! I have five varieties that I love to look at and smell each May. I also call them my "Mayflowers" since they remind me so much of my Grannie.

I hope you have a wonderful May and enjoy all the beauty the month offers.

Homemaker Book Club

Thursday, May 1st, 1pm
Graves county Public Library
God's Gift by Dee Henderson

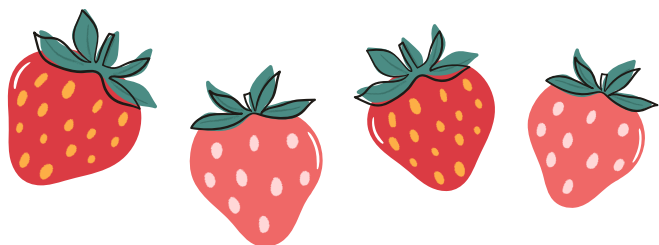
GC Homemaker

Advisory Council Meeting
Tuesday, May 27th, 10am
host- county officers

Save the Date

Candle Making Class

Tuesday, June 3rd
more information coming soon



Strawberry Salsa

1 tablespoon olive oil

2 tablespoons white vinegar or white balsamic vinegar

½ teaspoon salt

2 cups, coarsely chopped fresh strawberries

8 green onions, chopped

2 cups chopped cherry or grape tomatoes

½ cup chopped fresh cilantro

1. Whisk olive oil, vinegar, and salt in large bowl.

2. Add strawberries, green onions, tomatoes, and cilantro. Toss to coat.

3. Cover and chill for 1 hour.

4. Serve with tortilla or pita chips.

Yield: 7, ½ cup servings.

Nutrition Analysis: 40 calories; 2 g fat; 0 g saturated fat; 0 mg cholesterol; 170 mg sodium; 6 g carbohydrate; 1 g fiber; 4 g sugar; 1 g protein; 60% of vitamin C.

Source: www.fruitsandveggiesmatter.gov

Buying Kentucky Proud is easy. Look for the label at your grocery store, farmers' market, or roadside stand.



Where in the World is Cuba
~by Mayra Ilidia Diaz Ballard
Homemaker, TLC Club
Graves County International Co-Chair

Since moving to KY in 1985, i have been reminded many times of my native country. I live very close to "Cuba" Road in Mayfield and within 20 miles of "Cuba" KY. In addition, I had a beloved maternal aunt named Aurora Palma. I learned years ago that Aurora and Palma were communities close to me.

Since I immigrated from Cuba to the USA at the age of three, I did not develop a Hispanic accent even though I spoke only Spanish at home. If you have heard me speak, you would agree that I sound just like a true Southern "local". An Ingersol-Rand co-worker who lived in California once told me I sounded like Dolly Parton over the telephone! Now, that is going too far!!!

This brings me to tell the following funny story...

Where in the World is Cuba?

One day while working at Peoples First National Bank (1985-1991) in Paducah, I had a very humorous in-person conversation with the Branch Manager.

She called me into her office and proceeded to ask me where I was from. I quickly replied that I was from "Cuba". She was very excited to hear this and replied with enthusiasm that she was from Mayfield. I looked at her very puzzled. At that time, I lived in Reidland and had no idea what the town of Mayfield had to do with the island of Cuba. She replied that Mayfield was close to the town if Cuba. I laughed very wholeheartedly and told her that I came from the "real" Cuba . . . the tropical island in the Caribbean! She was very embarrassed at this point, but we still had a good laugh about it. Like me, I am sure she never forgot this story.

Moral of the Story: Never assume where a person is from by his/her accent!

Notes:

Cuba Ky is an unincorporated community in Graves County, Kentucky, United States.[1] It was named for the Caribbean island Cuba, which at the time defenders of slavery hoped would be acquired from Spain.[2] Under the influence of tobacco farming and subsequent trade and political interests, the community was named in 1854 during the release of the Ostend Manifesto.[3] The Cuba post office, which had been opened in 1858, closed in 1905.[2]*

Source: Wikipedia

Cuba, (the island) officially the Republic of Cuba, is an island country, comprising the island of Cuba, Isla de la Juventud (Island of Youth) and 4,195 islands, islets and cays surrounding the main island.

Source: Wikipedia

Cost: \$5

**all proceeds will be entered to win a
Simple Stories Shopping Spree**


**Bring your own supplies to work in a
relaxed and friendly environment!
Bring 2 liter and snack to share!**



No Frills

CYOD

**Friday, May 16 • 2pm to 12am
Saturday, May 17 • 8am to 8pm**



Lunch & Learn:



Sustainable Living

Are you passionate about **upcycling** or
making **eco-friendly** changes to your home?

Hear from Sarah Drysdale,
Ballard County's FCS Agent!

Event Highlights:

- diy projects
- mindful home swaps
- thrift shopping
- container garden ideas

May 21

12-1 pm

free lunch!

**RSVP BY
MAY 16**

270-247-2334

POLYMER CLAY

EARRING MAKING CLASSES



CASH APP



venmo

\$35

**3 SETS
OF EARRINGS**

NO PRIOR SKILL NEEDED

Learn how to make your own polymer clay earrings. Lots of shapes, patterns, colors to select from. We provide all tools, supplies and instruction. Great for a girls night out!



QUESTIONS:
270-564-0420

1835 DESIGNS

SAMPLES



OPEN BEZEL PENDANT



CLAY CUTTERS



FRENCH HOOKS

**MAY 22, 2025
6:00 - 8:00 PM
GRAVES COUNTY
EXTENSION OFFICE
LIMIT 15 PEOPLE**

Purchase Area Master Clothing Volunteers

Magic Knit Top

Adult Serger Workshop

June 17 & June 18

9am - 3pm

Cost: \$15



Graves County Extension Office

4200 US HWY 45

Mayfield, KY, 42066

Please bring your own machine and thread. If
you need a machine one can be provided.

Bring your own lunch

**Space is limited RSVP and pay by June 6 to secure
your spot call 270-665-9118 to register. Payments can
be taken to local Extension Office. Check payments
made to Purchase Area Master Clothing Volunteers**

**Cooperative
Extension Service**

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.
Lexington, KY 40506



Disabilities
accommodated
with prior notification.



HOME DIVISION

CANNING

FOODS

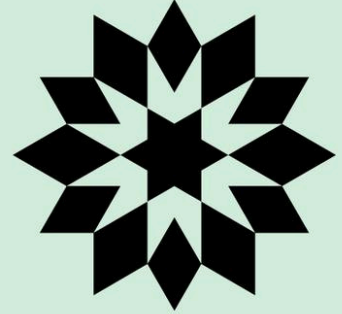
QUILT

CLOTHING

STITCHERY

CRAFTS

RECYCLED CRAFTS



2025

EXTENSION EXHIBITS

ENTRY CHECK IN

TUESDAY, JUNE 10

9:00 AM - 11:00 AM

EXPO I

LOCATION

GRAVES COUNTY
FAIRGROUNDS

1004 KY-121
MAYFIELD, KY
42066

ENTRY CHECK OUT

FRIDAY, JUNE 13

10:00 AM - 12:00 PM

GRAVES COUNTY
EXTENSION OFFICE

An Equal Opportunity Organization

Graves County Extension Office