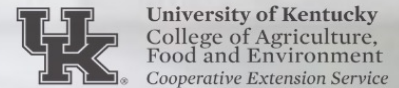


# extension newsletter



Cooperative Extension Service  
 Graves County  
 4200 State Route 45 N  
 Mayfield, KY 42066  
 (270)-247-2334  
 graves.ca@uky.edu



## February 2023

Date	Event
Mondays	10:00am Crochet Club
February 1, 2, 3	9:00am-3:00pm Beginners Quilt Camp
February 1	Deadline to register for Area Cultural Arts day lunch & crafts
February 3, 10	9:00 Exercise with Atlas Physical Therapy
February 13	6:00pm Friendship Club Meeting
February 9	5:30pm Adult Sewing Group (Moved to 2nd Thursday)
February 8	10:00am TLC Club Meeting
February 9	10:00am Community Club Meeting
February 9	10:00am Laugh & Learn at the library
February 9	5:30pm Estate Planning
February 10	10:00am Cooking Through the Calendar, Cajun Seasoned Fish with Rice
February 17	10:00am-2:00pm Hospice Quilts workday
February 23	1:00pm Scrapbook Class
February 27	10:00 Transferring Cherished Possessions
March 3	9:00am- 2:00pm Purchase Area Cultural Arts Day, Exhibit drop off 9am-9:30am
March 30	1:00pm Art Design Class

### A note from Debbie Smith - Graves County Homemaker President

Happy Love month! I'm going to do something a little different this month. At our January Advisory Council meeting, the devotional was about quilts and I'm going to share that devotional with you. I don't know about you, but I love quilts! We have several vintage quilts, and they all tell a story. One is only a quilt top, but it was rolled up on quilt frames and in my dad's tool shed for over 40 years. It's beautiful and being out in the tool shed you would think it would be in terrible condition, but it isn't. That quilt top tells the story of my grandmother piecing it with love and with the intent on it gracing a bed one day. But she got sick and was never able to finish it. I have another one that was given to my mom when she married from her co-workers at Curlee Clothing Company.



*Denise Wooley*

Denise Wooley  
 County Agent for Family & Consumer Sciences

Cooperative Extension Service  
 Agriculture and Natural Resources  
 Family and Consumer Sciences  
 4-H Youth Development  
 Community and Economic Development

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.  
 LEXINGTON, KY 40546



Disabilities accommodated with prior notification.

They each created a block on the quilt, embroidered their name on the block, and then all the blocks were pieced together. I always loved looking at the quilt and asking mom who the ladies were. She would tell me stories about each block, and I loved the stories. But what can homemakers' clubs learn from quilts? How is our organization like a quilt?



### ***Piecing A Strong Homemaker's Group***



*A strong group is like a quilt. They are both made from fabric of different shapes, sizes, and colors. Some of the pieces are stronger than others, but those strong pieces, when bound with weaker ones, create a sturdy comfort. The edges of both sometime become frayed with overuse and unforeseen circumstances and most importantly, with love. However, with more loving care, they can be made stronger, and in some cases, even more resilient.*

*Many times, the women in any organization are the strongest threads that hold the pieces together. Their love, patience, and mending ways repair even the most torn pieces. Their hands soothe and heal even the most painful hurts.*

*I want to take this opportunity to honor those of you who have pieced our quilt and lovingly patched our frayed edges. I want to ask you to help remember that Graves County Extension Homemakers, like the quilt, is a thing of beauty and friendship, and that at the base of this beauty is our love for God and each other. We often need help in piecing our own quilts of life, and you are the ones with the experience and love and can help in many struggles. My wish and prayers are for your happiness, health, a loving heart, and most of all, a "mending frame of mind."*

So, this month, let's work on "piecing" Graves County Extension Homemakers and making it a group where we can serve, learn, and love.

The March lesson will be  
**"Transferring Cherished Possessions"**  
taught by the Marshall County  
FCS agent Vicki Wynn  
February 27, 10am

Distributing cherished possessions and other non-titled property is often overlooked when estate planning. Learn ways to create a plan for distributing household items – from treasured heirlooms to closets full of clutter. *Who Gets What?* covers how to determine goals and establish a fair distribution process between heirs. *Effective Planning and Communication* covers methods of distribution and strategies for communicating with loved ones about your decisions while minimizing potential conflicts.

## **ESTATE PLANNING SEMINAR**

**Thursday, February 9, 2023 at 5:30 PM**

**Featuring Guest Speakers:**

**Elizabeth Wieneke - Whitlow, Roberts, Houston & Straub, PLLC  
&**

**Penny Wade Smith- Wade Farm Financial Services**

**A light meal will be served.**

**Please call the Graves County Extension Office at  
270-247-2334 to RSVP**

**Graves County Extension Office**

**4200 US HWY 45 N**

**Mayfield, KY**



College of Agriculture,  
Food and Environment  
Cooperative Extension Service



# Upcoming Events

## WORKOUT

**Fridays,**

**Feb 3+ Feb 10**

**Low impact exercise  
classes**

Atlas Physical Therapy  
call to sign up!

## SCRAPBOOK CLASS

Thursday, Feb  
1-3pm

\$5 for a single page kit  
adults only!  
spots limited to 10



## COOKING THROUGH THE CALENDAR

February 10th, 10am

Cajun Seasoned Fish with Rice  
call to sign up!



## Adult Sewing February 9th

**2ND THURSDAY OF EVERY  
MONTH, 5:30PM**



## COME SEW WITH US

Friday, February 17th from 10am-2pm

The Purchase Area MCV's will be sewing lap quilts for patients in our area being served by the Mercy Hospice Program. All supplies will be provided, or you may bring your own sewing machine.





**University of Kentucky**  
College of Agriculture,  
Food and Environment  
*Cooperative Extension Service*

Graves County Extension Office  
4200 State Route 45 N  
Mayfield KY 42066